

APRIL 2025

PALESTINE CUSD #3

BREAKFAST



School Information: Palestine Grade School
205 S Washington St
Palestine High School
102 N Main St



Nutrition Tip: Make Fruit More Appealing. Make a fruit smoothie by blending fat-free or low-fat milk or yogurt with fresh or frozen fruit. Try bananas, peaches, strawberries, or other berries.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Blank breakfast menu for Monday

April Fools' Day 1
Nutra-Grain Bar
Cereal
W/G Toast
Pears

Biscuits & Gravy 2
Cereal
W/G Toast
Pineapple

Eggs & Sausage 3
Cereal
W/G Toast
Peaches

Danish 4
Cereal
W/G Toast
Apple

French Toast Sticks 7
Cereal
W/G Toast
Mixed Fruit

Cheese Omelet 8
Cereal
W/G Toast
Mandarin Oranges

Muffins 9
Cereal
W/G Toast
Banana

Breakfast Pizza 10
Cereal
W/G Toast
Applesauce

Cinni Mini 11
Cereal
W/G Toast
Pineapple

Waffles 14
Cereal
W/G Toast
Pears

Breakfast Burrito 15
Cereal
W/G Toast
Peaches

Bagel 16
Cereal
W/G Toast
Apple

Biscuits & Gravy 17
Cereal
W/G Toast
Mixed Fruit

**NO SCHOOL
EASTER BREAK** 18

**NO SCHOOL
EASTER BREAK** 21

Earth Day 22
Pancakes
Cereal
W/G Toast
Applesauce

Nutra-Grain Bar 23
Cereal
W/G Toast
Banana

Breakfast Pizza 24
Cereal
W/G Toast
Pears

National Pretzel Day 25
Waffles
Cereal
W/G Toast
Peaches

Cheese Omelet 28
Cereal
W/G Toast
Mandarin Oranges

Pancakes 29
Cereal
W/G Toast
Mixed Fruit

Breakfast Pizza 30
Cereal
W/G Toast
Apple



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LUNCH



School Information: Palestine Grade School
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102 N Main St



April is National Garden Month. Consider planting some seeds at home. You can start your seeds indoors in a small container (an empty cereal bowl from school would work well) and move them outside to a patio or garden plot when the weather allows.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



April Fools' Day 1
Horseshoe
Green Beans
Pears
Scooby Snacks

BBQ Chicken on Bun 2
Sweet Potato Fries
Red Pepper Strips
Pineapple

Beef Burrito 3
Mexican Rice
Cucumbers
Peaches

Boscoss w/ Marinara 4
Carrots
Celery
Apple

Chicken Fajitas 7
Refried Beans
Cheese & Salsa
Mixed Fruit

Sloppy Joes 8
Chips
Carrots
Mandarin Oranges

Hamburger on Bun 9
Potato Wedges
Cottage Cheese
Banana

Ham Sandwich 10
Green Beans
Applesauce
Cookie

Cheese Pizza 11
Salad w/ Tomato
Pineapple
Rice Krispy Treat

Corn Dog 14
Glazed Carrots
Cucumbers
Pears

Chili Mac 15
Corn
Green Pepper Strips
Peaches

Chicken Tenders 16
Green Beans
Apple
Cookie

Chicken Taquitos 17
Chips
Raw Broccoli
Mixed Fruit

**NO SCHOOL
EASTER BREAK** 18

**NO SCHOOL
EASTER BREAK** 21

Earth Day 22
Chicken Wrap
Carrots
Applesauce
Rice Krispy Treat

Salisbury Steak 23
Mashed Potatoes
Green Beans
Banana

Turkey Sandwich 24
Chips
Red Pepper Strips
Pears

National Pretzel Day 25
Chicken Nuggets
Corn
Cucumbers
Peaches

Pork Nachos 28
Mexican Corn Salad
Cheese & Salsa
Mandarin Oranges

Mini Corn Dogs 29
Green Beans
Mixed Fruit
Cookie

Hot Dog on Bun 30
Mac & Cheese
Cucumbers
Apple

