

FEBRUARY 2025

PALESTINE CUSD #3

BREAKFAST



School Information: Palestine Grade School
205 S Washington St.
Palestine High School
102 N Main St



February is National Hot Breakfast Month. A hot breakfast can be anything from pancakes and waffles to breakfast sandwiches to oatmeal or cream of wheat. Which hot breakfasts will you try this month?



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Oatmeal
Cereal
W/G Toast
Peaches

3

Breakfast Casserole
Cereal
W/G Toast
Mandarin Oranges

4

Muffins
Cereal
W/G Toast
Oranges

5

French Toast Sticks
Cereal
W/G Toast
Pineapple

6

Biscuits & Gravy
Cereal
W/G Toast
Apple

7

Breakfast Pizza
Cereal
W/G Toast
Mixed Fruit

10

Omelet
Cereal
W/G Toast
Pears

11

Bagels
Cereal
W/G Toast
Applesauce

12

Cinni-Mini
Cereal
W/G Toast
Banana

13

Nutra-Grain Bars
Cereal
W/G Toast
Peaches

14

Valentine's Day

NO SCHOOL
President's Day

17

Pancakes
Cereal
W/G Toast
Oranges

18

Breakfast Casserole
Cereal
W/G Toast
Peaches

19

Danish
Cereal
W/G Toast
Pineapple

20

Eggs & Sausage
Cereal
W/G Toast
Applesauce

21

Pop Tarts
Cereal
W/G Toast
Pears

24

Biscuits & Gravy
Cereal
W/G Toast
Mixed Fruit

25

Waffles
Cereal
W/G Toast
Apple

26

Oatmeal
Cereal
W/G Toast
Applesauce

27

Muffins
Cereal
W/G Toast
Banana

28

FEBRUARY 2025

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LUNCH



School Information: Palestine Grade School
205 S Washington St
Palestine High School
102 N Main St



February is American Heart Month. Keep your heart healthy by being active every day. Run, dance, walk the dog, climb stairs or play in the snow if you have it.



Reference: USDA MyPlate

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Mini Corn Dogs
Carrots
Chips
Peaches

3

Chicken Fajitas
Refried Beans
Cheese & Salsa
Mandarin Oranges

4

Chicken Nuggets
Peas
Oranges
Scooby Snacks

5

BBQ Rib Patty on Bun
Corn
Pepper Strips
Pineapple

6

Cheese Pizza
Salad w/Tomato
Apple

7

Hot Dog on Bun
Mac & Cheese
Cucumber Slices
Mixed Fruit

10

Pepperoni Pizza
Corn
Celery
Pears

11

Chicken Stir Fry
Fried Rice
Stir-Fry Vegetables
Applesauce

12

Bosco's w/ Marinara
Salad w/ Tomato
Banana
Cookie

13

Early Dismissal
11:20am (PGS)
11:30am (PHS)
No Lunch Served
Valentine's Day

14

NO SCHOOL
President's Day

17

Chicken Tenders
Broccoli & Cheese
Pepper Strips
Oranges

18

Pulled Pork Sandwich
Baked Beans
Macaroni Salad
Peaches

19

Spaghetti & Meatballs
Salad w/ Tomato
Garlic Bread
Pineapple

20

Chicken Taquitos
Corn
Cucumber Slices
Applesauce
Rice Krispy Treat

21

Fish Patty on Bun
Green Beans
Coleslaw
Pears

24

Salisbury Steak
Mashed Potatoes
Glazed Carrots
Mixed Fruit

25

Horseshoe
Pepper Strips
Apple
Scooby Snacks

26

Hamburger on Bun
Potato Wedges
Cottage Cheese
Applesauce

27

Chili Mac
Corn
Banana

28